

## **2020 HEALTH CERTIFICATE FOR HIGH-INTENSITY SPORTS**

I. Dr. (name, surname)
Born (city, country)
On (dd/mm/yyyy)
With offices at (complete address)
And phone number
Hereby state
That Mr / Mrs / Ms (name, surname)
Born (city, country)
On (dd/mm/yyyy)
And resident at (address, city, country)
ID document N°
According to the results of medical check-ups and examinations, is healthy and currently fit for high intensity competitive sports in general and for the marathon.
This certificate is valid until (dd/mm/yyyy)  This certificate must be valid 1 Year.
Date (dd/mm/yyyy)

Physician's signature and stamp

Personal history records are held at the Head offices of ASD FOR Skyrunner Associates, via Roma, 62b 11028 Valtournenche (Aosta - Italy) and may be reviewed, altered and deleted at any time upon the individual's requests.